Schedule (not necessarily in this order)

9/15/20: Course Overview

9/22/20: Interview with patient with OCD

9/29/20: Overview of ERP

10/6/20: Overview of ERP, cont.

10/13/20: The OCD Project

10/20/20: Unstuck: An OCD Kid’s Movie

10/27/20: Mindfulness, ERP, and Acceptance for OCD – Jon Hershfield, LMFT OR eating disorders and OCD OR more The OCD Project